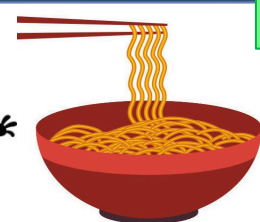






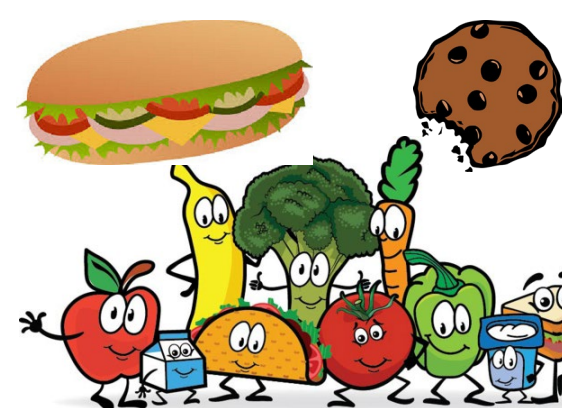
MENU - WEEK A

For w/c 5th Jan & 26th Jan



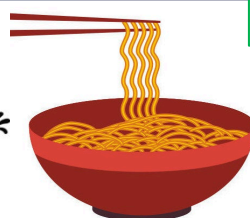
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 Singapore style noodles (VG) Sweetcorn & carrots	Salmon fishcakes Broccoli & green beans	Sausage plait & roast potatoes Cabbage & diced swede	Chicken korma with rice Green beans & carrots	Fish fingers and chips Baked beans or peas
 Cheese & tomato pizza (V) Sweetcorn & carrots	Macaroni cheese (V) Broccoli & green beans	Veggie cowboy pie with roast potatoes (VG) Cabbage & diced swede	Roasted veg and bean burrito (VG) Green beans & carrots	Fishless fingers and chips (VG) Baked beans or peas
 Pasta shapes with a tomato & herb sauce (VG) Sweetcorn & carrots	Jacket potato with baked beans & cheese (V) Broccoli & green beans	Pasta shapes with a tomato & herb sauce (VG) Cabbage & diced swede	Jacket potato with baked beans & cheese (V) Green beans & carrots	Pasta shapes with a tomato & herb sauce (VG) Peas
 Egg mayonnaise in a soft white bap (V) Salad bar	Cheddar cheese in a soft white bap (V) Salad bar	Ham sandwich on 50/50 bread Salad bar	Tuna mayonnaise in a soft white tortilla wrap Salad bar	Ham in a soft white tortilla wrap Salad bar
Yoghurt with a choice of either fruit coulis, granola or honey topping (V)	Lemon shortbread (VG)	Jelly (VG)	Chocolate courgette cake (V)	A selection of home baking (V)

Fresh fruit is served every day. Seasonal vegetables are available with all meals as well as access to the salad bar along with our fresh bread. Where possible, we buy locally sourced produce. All of our meat is high welfare and our eggs are responsibly sourced and free range. Our spreads and cooking fats are vegan.







MENU - WEEK B

For w/c 12th Jan & 2nd Feb

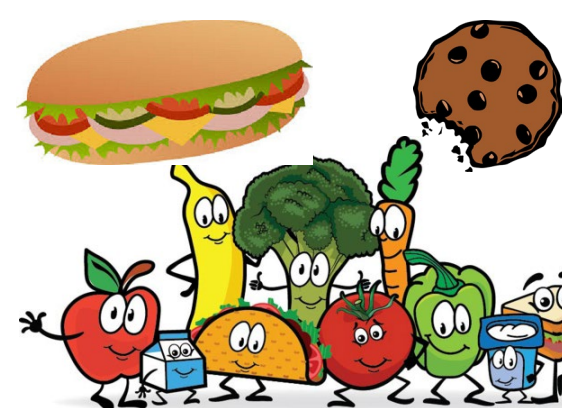


Fresh Start



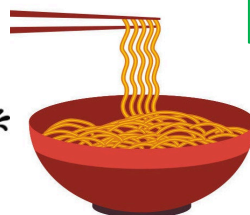
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <i>Veggie meatballs & rice (VG)</i> Sweetcorn & carrots	<i>All day breakfast</i> Broccoli & green beans	<i>Roast chicken, Yorkshire pudding & roast potatoes</i> Cabbage & diced swede	<i>Spaghetti bolognese</i> Green beans & carrots	<i>Breaded fish and chips</i> Baked beans or peas
 <i>Cheese & tomato pizza (V)</i> Sweetcorn & carrots	<i>Veggie all day breakfast (VG)</i> Broccoli & green beans	<i>Shepherdess pie (VG)</i> Cabbage & diced swede	<i>Spinach & chickpea curry (VG)</i> Green beans & carrots	<i>Vegetable pasty and chips (VG)</i> Baked beans or peas
 <i>Pasta shapes with a tomato & herb sauce (VG)</i> Sweetcorn & carrots	<i>Jacket potato with baked beans & cheese (V)</i> Broccoli & green beans	<i>Pasta shapes with a tomato & herb sauce (VG)</i> Cabbage & diced swede	<i>Jacket potato with tuna mayonnaise(V)</i> Green beans & carrots	<i>Pasta shapes with a tomato & herb sauce (VG)</i> Peas
 <i>Egg mayonnaise in a soft white bap (V)</i> Salad bar	<i>Tuna mayonnaise in a soft white tortilla wrap</i> Salad bar	<i>Ham sandwich on 50/50 bread</i> Salad bar	<i>Cheddar cheese in a soft white bap (V)</i> Salad bar	<i>Ham in a soft white tortilla wrap</i> Salad bar
<i>Yoghurt with a choice of either fruit coulis, granola or honey topping (V)</i>	<i>Chewy chocolate biscuits (VG)</i>	<i>Jelly (VG)</i>	<i>Dorset apple cake (V)</i>	<i>A selection of home baking (V)</i>

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MENU - WEEK C

For w/c 19th Jan & 9th Feb



**Fresh
Start**



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p><i>Sweet potato, pepper & coconut curry with rice (VG)</i> Sweetcorn & carrots</p>	<p><i>Pasta carbonara</i> Broccoli & green beans</p>	<p><i>Roast chicken, Yorkshire pudding & roast potatoes</i> Cabbage & diced swede</p>	<p><i>Pork and apple casserole with rice</i> Green beans & carrots</p>	<p><i>Breaded fish and chips</i> Baked beans or peas</p>
 <p><i>Cheese & tomato pizza (V)</i> Sweetcorn & carrots</p>	<p><i>Cheesy bean bake (V)</i> Broccoli & green beans</p>	<p><i>Meatless mince puff pie (VG)</i> Cabbage & diced swede</p>	<p><i>Pesto pasta (VG)</i> Green beans & carrots</p>	<p><i>Veggie sausage and chips (VG)</i> Baked beans or peas</p>
 <p><i>Pasta shapes with a tomato & herb sauce (VG)</i> Sweetcorn & carrots</p>	<p><i>Jacket potato with baked beans & cheese (V)</i> Broccoli & green beans</p>	<p><i>Pasta shapes with a tomato & herb sauce (VG)</i> Cabbage & diced swede</p>	<p><i>Jacket potato with baked beans & cheese (V)</i> Green beans & carrots</p>	<p><i>Pasta shapes with a tomato & herb sauce (VG)</i> Peas</p>
 <p><i>Egg mayonnaise in a soft white bap (V)</i> Salad bar</p>	<p><i>Tuna mayonnaise in a soft white tortilla wrap</i> Salad bar</p>	<p><i>Ham sandwich on 50/50 bread</i> Salad bar</p>	<p><i>Cheddar cheese in a soft white bap (V)</i> Salad bar</p>	<p><i>Ham in a soft white tortilla wrap</i> Salad bar</p>
<p><i>Yoghurt with a choice of either fruit coulis, granola or honey topping (V)</i></p>	<p><i>Sultana flapjack (VG)</i></p>	<p><i>Cheese and crackers (V)</i></p>	<p><i>Orange drizzle cake (V)</i></p>	<p><i>A selection of home baking (V)</i></p>

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