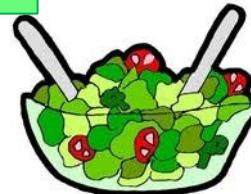
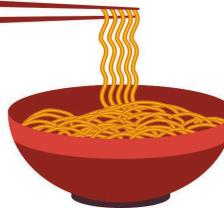


MENU - WEEK A

For w/c 5th Jan & 26th Jan



Fresh Start



MONDAY



Singapore style noodles (VG)
Sweetcorn & carrots



Cheese & tomato pizza (V)
Sweetcorn & carrots



Pasta shapes with a tomato & herb sauce (VG)
Sweetcorn & carrots



Egg mayonnaise in a soft white bap (V)
Salad bar

Yoghurt with a choice of either fruit coulis, granola or honey topping (V)

TUESDAY

Salmon fishcakes
Broccoli & green beans

Macaroni cheese (V)
Broccoli & green beans

Jacket potato with baked beans & cheese (V)
Broccoli & green beans

Cheddar cheese in a soft white bap (V)
Salad bar

Lemon shortbread (VG)

WEDNESDAY

Sausage plait & roast potatoes
Cabbage & diced swede

Veggie cowboy pie with roast potatoes (VG)
Cabbage & diced swede

Pasta shapes with a tomato & herb sauce (VG)
Cabbage & diced swede

Ham sandwich on 50/50 bread
Salad bar

Jelly (VG)

THURSDAY

Chicken korma with rice
Green beans & carrots

Roasted veg and bean burrito (VG)
Green beans & carrots

Jacket potato with baked beans & cheese (V)
Green beans & carrots

Tuna mayonnaise in a soft white tortilla wrap
Salad bar

Chocolate courgette cake (V)

FRIDAY

Fish fingers and chips
Baked beans or peas

Fishless fingers and chips (VG)
Baked beans or peas

Pasta shapes with a tomato & herb sauce (VG)
Peas

Ham in a soft white tortilla wrap
Salad bar

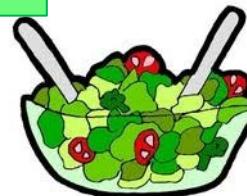
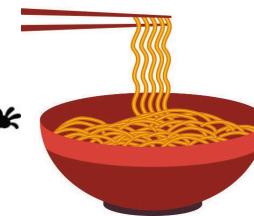
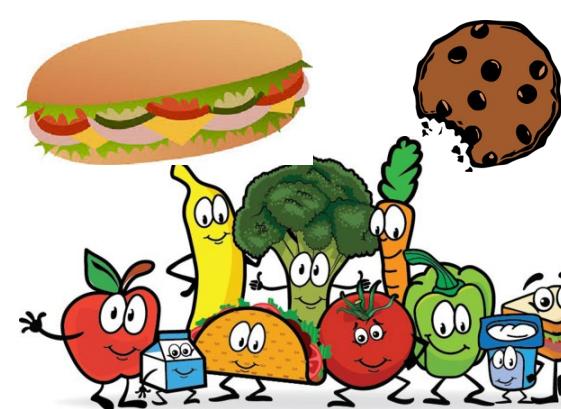
A selection of home baking (V)

Fresh fruit is served every day. Seasonal vegetables are available with all meals as well as access to the salad bar along with our fresh bread. Where possible, we buy locally sourced produce.

All of our meat is high welfare and our eggs are responsibly sourced and free range. Our spreads and cooking fats are vegan.

MENU - WEEK B

For w/c 12th Jan & 2nd Feb



Fresh Start



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

 **Veggie meatballs & rice (VG)**
Sweetcorn & carrots

All day breakfast
Broccoli & green beans

Roast chicken, Yorkshire pudding & roast potatoes
Cabbage & diced swede

Spaghetti bolognese
Green beans & carrots

Breaded fish and chips
Baked beans or peas

 **Cheese & tomato pizza (V)**
Sweetcorn & carrots

Veggie all day breakfast (VG)
Broccoli & green beans

Shepherdess pie (VG)
Cabbage & diced swede

Spinach & chickpea curry (VG)
Green beans & carrots

Vegetable pasty and chips (VG)
Baked beans or peas

 **Pasta shapes with a tomato & herb sauce (VG)**
Sweetcorn & carrots

Jacket potato with baked beans & cheese (V)
Broccoli & green beans

Pasta shapes with a tomato & herb sauce (VG)
Cabbage & diced swede

Jacket potato with tuna mayonnaise(V)
Green beans & carrots

Pasta shapes with a tomato & herb sauce (VG)
Peas

 **Egg mayonnaise in a soft white bap (V)**
Salad bar

Tuna mayonnaise in a soft white tortilla wrap
Salad bar

Ham sandwich on 50/50 bread
Salad bar

Cheddar cheese in a soft white bap (V)
Salad bar

Ham in a soft white tortilla wrap
Salad bar

Yoghurt with a choice of either fruit coulis, granola or honey topping (V)

Chewy chocolate biscuits (VG)

Jelly (VG)

Dorset apple cake (V)

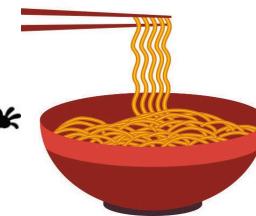
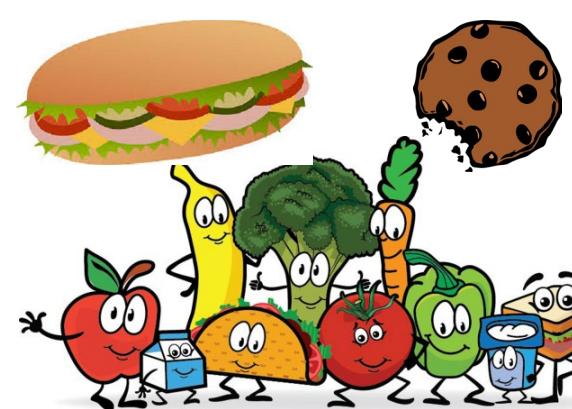
A selection of home baking (V)

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MENU - WEEK C

For w/c 19th Jan & 9th Feb



Fresh Start



MONDAY

 *Sweet potato, pepper & coconut curry with rice (VG)*
Sweetcorn & carrots

TUESDAY

 *Pasta carbonara*
Broccoli & green beans

WEDNESDAY

 *Roast chicken, Yorkshire pudding & roast potatoes*
Cabbage & diced swede

THURSDAY

 *Pork and apple casserole with rice*
Green beans & carrots

FRIDAY

 *Breaded fish and chips*
Baked beans or peas

 *Cheese & tomato pizza (V)*
Sweetcorn & carrots

 *Cheesy bean bake (V)*
Broccoli & green beans

 *Meatless mince puff pie (VG)*
Cabbage & diced swede

 *Pesto pasta (VG)*
Green beans & carrots

 *Veggie sausage and chips (VG)*
Baked beans or peas

 *Pasta shapes with a tomato & herb sauce (VG)*
Sweetcorn & carrots

 *Jacket potato with baked beans & cheese (V)*
Broccoli & green beans

 *Pasta shapes with a tomato & herb sauce (VG)*
Cabbage & diced swede

 *Jacket potato with baked beans & cheese (V)*
Green beans & carrots

 *Pasta shapes with a tomato & herb sauce (VG)*
Peas

 *Egg mayonnaise in a soft white bap (V)*
Salad bar

 *Tuna mayonnaise in a soft white tortilla wrap*
Salad bar

 *Ham sandwich on 50/50 bread*
Salad bar

 *Cheddar cheese in a soft white bap (V)*
Salad bar

 *Ham in a soft white tortilla wrap*
Salad bar

Yoghurt with a choice of either fruit coulis, granola or honey topping (V)

Sultana flapjack (VG)

Cheese and crackers (V)

Orange drizzle cake (V)

A selection of home baking (V)

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